



TO THE DISTRICT TEAM MANAGERS:

NSAA Schools' Cross Country Championships 2025

Many thanks for looking after the runners today.

It is really appreciated by everyone.

GILL MOONEY CUP

**ON ARRIVAL LEAD TEAM MANAGER SHOULD COLLECT COMPETITOR NUMBERS
& TEAM LISTS FROM PAUL PONTON IN THE SPORTS HALL,
AND ARE RESPONSIBLE FOR THEIR DISTRIBUTION TO RUNNERS.
PLEASE ARRIVE IN GOOD TIME, AT LEAST 1 HOUR BEFORE THE FIRST RACE.**

ALL RUNNERS MUST COMPETE IN THE CORRECT NUMBER

Numbers will be provided in 8 sets; 1 set for each race: MB/JB/IB/SB/MG/JG/IG/SG.
Numbers should be peeled-off from the label sheet and placed on the runner in an easily visible position on the **FRONT ONLY** of the **RUNNING TOP**.

SENIOR GIRLS have a YELLOW LABEL, because they run with Inter Girls.

There will be **FOUR BLANK LABELS** on each third sheet if you need extra.

A black permanent marker can be borrowed from the Admin Desk. Don't use biro!

ANY ADDITIONAL RUNNERS? – Please bring the runner to the **ADMIN DESK** in the Sports Hall, where they will be officially entered.

ANY WITHDRAWALS? - WE DO NOT NEED THAT INFO, thank you.

WE ARE NOT HANDING OUT FINISHING DISCS THIS YEAR.

Places & Times will be manually recorded, along with a voice-recording as back-up.

Results will be posted on the Sports Hall wall asap.

TOP 16 FINISHERS IN EACH RACE will be given a card requesting them to email info to the Northumberland TMs when they get home this evening.

FURTHER DETAILS CAN BE SEEN ON THE WEBSITE'S CROSS COUNTRY PAGE.

ARRIVE AT 11am: MB-12noon; SB-12:10; MG-12:15; JG-12:35; JB-12:50; IG/SG-13:00; IB-13:15.

Good Luck to Everyone!

Helen Buist / Chris Johnston / Kevin Flannery / Paul Ponton

(Inter-Counties Cross Country Meeting – Sat 08 February – Stewart Park, Middlesbrough)

www.northumberlandschoolsathletics.co.uk